



YOUR ONE STOP BODY SHOP

San Antonio • Selma • New Braunfels • Round Rock • Austin



Pro Sports Rehab Offers:

- Same day appointments
- One-on-one care
- Aggressive treatment philosophy
- Early emphasis on activity and exercise
- Significant use of joint, soft tissue mobilization and manual traction
- Written exercise instruction
- Many insurance plans accepted

The goals of Pro Sports Rehab® are to reduce pain, improve the function of an injured body area and return the injured person to their pre-injury condition as soon as possible. By employing active rehabilitation techniques and providing one on one treatment, the number of treatments required to restore function of the injured body area and return to productive activities will be minimized.

Appointments & Scheduling: (210) 924-4475
Billing & Insurance Questions: (210) 349-5592
admin@prosportsrehab.com

www.prosportsrehab.com

YOUR ONE STOP BODY SHOP



Our department is directed by **Douglas Dumas**. A native Texan that enlisted in the United States Navy and served as a Navy corpsman during Desert Storm and later as an Officer in the Medical Service Corps during Operation Iraqi Freedom and Operation Enduring Freedom. While in the service he completed his Masters of Physical Therapy degree from the University of

Texas Medical Branch at Galveston. He completed the Army Baylor Program of Musculoskeletal Screening and Advanced Spinal Care. His Doctor of Physical Therapy degree was earned from Simmons University in Boston. During his 26 years in the Navy, his career allowed him to perform acute care, pediatrics, chronic pain care, injury prevention and orthopedics. As a Department Head in several stateside and overseas assignments he serviced all age groups across all settings. He was the lead therapist for the Marine Corps Marathon for 3 years in Washington, D.C.

Douglas has also functioned as a clinical educator for physical therapy and physical therapy assistant schools, as well as for the physician assistant and nurse practitioner Uniformed Service School. As an adjunct professor for the University of the Incarnate Word transitional Doctor of Physical Therapy program he taught Pharmacology. After retiring from the Navy, he joined Texas Med Clinic in 2011 as a physical therapist. He continues to provide clinical instruction to student therapists and mentor future therapists. He enjoys fitness, sports, running and reading as well as supporting the current activities of his wife and their 6 children in his spare time.

SAN ANTONIO

Ingram / Loop 410
6570 Ingram Road
Next to Bank of America
(210) 681-0355

IH 10 W / Wurzbach
9885 IH 10 West
Colonnade Shopping Center
(210) 694-0844

Loop 410 / Broadway
1007 NE Loop 410
Between Nacogdoches & Broadway
(210) 824-0355

IH 35 N / Eisenhower
7460 IH 35 North
Between Eisenhower & Walzem
(210) 599-4617

SE Military / Roosevelt
1111 SE Military Drive
Corner of SE Military & Roosevelt
(210) 924-4475

Loop 1604 / Culebra
6530 W Loop 1604 N
Just North of Walgreens
(210) 476-5588

Loop 1604 / Stone Oak Pkwy
323 N Loop 1604 W
Westbound Loop 1604 Access Road
(210) 549-5901

SW Military / Zarzamora
2530 SW Military Drive
SW Military just West of Zarzamora
(210) 334-0385

SELMA

IH 35 N / Loop 1604
8341 Agora Parkway
Forum Shopping Center
(210) 334-0386

NEW BRAUNFELS

IH 35 N / Hwy 46
958 IH 35 North
Just South of Hwy 46
(210) 334-0387

ROUND ROCK

IH 35 N / Bass Pro Drive
4851 North IH 35
Just North of Round Rock
Premium Outlets
(737) 203-8713

SOUTH AUSTIN

IH 35 S / Slaughter Lane
9900 South IH 35
Southpark Meadows
Shopping Center
(737) 203-8711

NORTH AUSTIN

N MoPac / Parmer
12319 N MoPac Expy
Plaza North Center
(737) 203-8712



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