

# FAST, PROVEN, & AVAILABLE

New data submitted to the FDA proves the Rapid COVID-19 Antigen Test at Texas MedClinic is as accurate in detecting COVID-19 as a PCR test.

Texas MedClinic stands by the accuracy of this test to help workplaces, schools, and others quickly make decisions to help curb the spread of the virus.



As COVID-19 surges in our communities, it's vital to quickly establish whether individuals have the virus and are contagious.

Texas MedClinic's COVID-19 rapid antigen test is performed in-house and provides **ACCURATE** results, **FAST**. It's the first rapid antigen test to receive FDA authorization using a traditional nasal swab. The results of the test are ready within **15 MINUTES**.

Testing is **AVAILABLE** at all 19 clinics in San Antonio and the surrounding areas, for those with or without symptoms. **If you need to be tested and are asymptomatic, you must Check-In ONLINE first.** We continue to do our best to *treat you well.*

## NEW CDC GUIDELINE

Once you have met the criteria to leave self-isolation (below), the CDC states that those who have tested positive for COVID-19 do not need a test to return to work or to the community.

### SELF-ISOLATION

If exhibiting symptoms or diagnosed with COVID-19, a person must **SELF-ISOLATE**.

You need to meet ALL three criteria listed to leave self-isolation:

1. AT LEAST TEN DAYS SINCE SYMPTOMS STARTED
2. 24 HOURS WITH NO FEVER (with no medications to reduce fever)
3. SYMPTOMS ARE IMPROVING



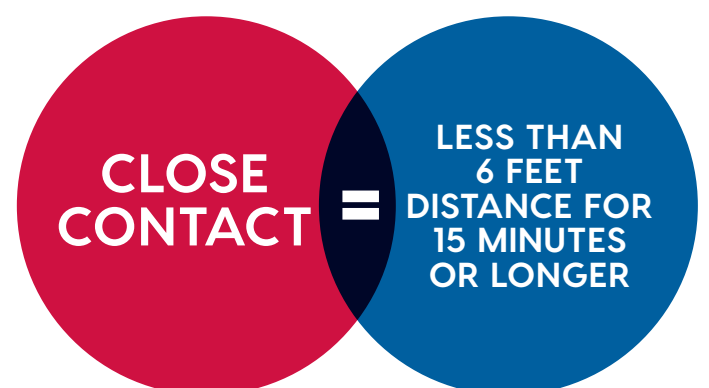
### QUARANTINE

If asymptomatic and tested negative for COVID-19, but has been exposed, a person must **QUARANTINE** for 14 days.

Quarantine begins after the last day of your suspected exposure.



Understanding the definition of COVID-19 exposure helps reduce anxiety and fear when deciding how to care for your health and those around you.



The CDC defines COVID-19 exposure as having had close contact to a person who has tested positive for COVID-19.



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