

## **Let us care for your employees**

Texas MedClinic was established in 1982 by Dr. Bernard Swift. Dr. Swift recognized the need to provide convenient, affordable Occupational healthcare on a walk-in basis to the community of San Antonio. Through meticulous planning, attention to detail, and quality control procedures, Texas MedClinic has grown to 14 locations throughout South Central Texas.

Full time physicians at Texas MedClinic have extensive backgrounds in caring for a wide variety of injuries and illnesses that typically occur while on the job. Our experienced physicians, along with a well-trained staff, are dedicated to practicing occupational medicine in the ambulatory care setting with the highest standards of professionalism and skill.

Texas MedClinic physicians and staff strive not only to provide the highest quality of medical **care** to our patients, but also the best medical **service** to our clients. Our goal is to assist you in providing the best for your employees while also reducing the amount of lost time, lowering the overall cost of your Workers' Compensation bills.

Texas MedClinic's vision is to be the premier Occupational and Urgent Care medical provider in our community by exceeding the expectations of our patients, clients and staff. We look forward to sharing this vision with your company.

Sincerely,

The Marketing Department

210.349.5577 San Antonio  
512.486.6110 Austin

## **Benefits**

### **Availability + Convenience**

Our clinic hours are from 8am-11pm, every day.

IH 10 W/Wurzbach in the Colonnade is now open 24/7/365!

- From 11pm-8am, we offer urgent care services, treat work related injuries and perform post accident drug and alcohol testing.
- We have more 24 hour locations coming soon!

A licensed physician is always on duty.

Care of an injured employee by the same physician to attain continuity.

No appointment is necessary for the initial visit for an injured employee.

### **Work Related Injury Treatment**

Modified-Duty is strongly supported by the physicians at Texas MedClinic unless otherwise specified by the company.

Emphasis is on returning employees to work quickly, and without excess use of physical therapy, to save you time and money.

Our physicians have a strong track record of getting employees back to work quickly:

- 94% of patients either return to full duty or are placed on modified duty after their initial visit.
- Only 6% of patients are taken off of work completely after their initial visit.
- Of those patients with restrictions:
  - 83% return to full duty within 2 weeks.
  - 91% return to full duty within 4 weeks.

Each clinic is equipped with EKG, a lab and computerized x-ray technology.

All prescriptions are sent electronically to pharmacy of choice.

### **Drug and Alcohol Testing**

Each clinic is staffed with a Medical Review Officer.

All Texas MedClinic drug test collectors are DOT certified.

Setting up an account is *free* of charge and does not require a contract.

Once an account is established, your company will be able to use any of our convenient locations in San Antonio, New Braunfels and Austin.

If you would like to set up an account, contact the Marketing Department  
**San Antonio: 210.349.5577**  
**Austin: 512.486.6110**

## Our Services

Texas MedClinic offers a wide range of services including Occupational Medicine, treatment of work-related injuries, Urgent Care medicine, Physical Therapy, Dermatology, and Travel Medicine. Our physicians and staff are ready to provide you with quality, affordable healthcare and excellent customer service.

### **Occupational:**

#### **Physicals**

- DOT Physical
- Respirator
- Hazardous Waste
- Asbestos
- FAA Exams\*\*

#### **Work Related Injuries**

- Foreign body removals
- Laceration repair
- Computerized X-ray

#### **Drug & Alcohol Testing**

- DOT Drug Test
- Pre-Employment
- Post Accident
- Hair Drug Test
- Drug Test Collections
- Breath Alcohol

#### **Ancillary**

- Respirator Fit Testing\*
- Tb Testing
- Immunizations
- MRO Services
- Onsite Services

### **Urgent Care:**

We offer quality medical care at affordable prices that are substantially below those of hospital emergency departments. We treat most non-life threatening injuries and illnesses including:

- Animal and Insect Bites
- Minor Fractures
- Cuts/Contusions
- Joint Dislocations
- Sprains/Strains
- Allergies
- Colds
- Asthma
- Vaccinations
- Sports Physicals
- Flu Shots

### **Other Services:**

- The Dermatology Center
- Travel Clinic
- ProSports Rehab
- Sports Medicine

\*This is only available at our Loop 410/Broadway, SE Military/Roosevelt and New Braunfels locations, Monday– Friday, 8am—4pm.

\*\*This service is only performed at our New Braunfels location.

## Drug Test Panels

Rapid Non-DOT Drug Testing — Negative results the same day		
5 Panel Rapid Drug Test	10 Panel Rapid Drug Test	
<ul style="list-style-type: none"> <li>• Amphetamines</li> <li>• Cocaine</li> <li>• PCP</li> <li>• Marijuana</li> <li>• Opiates (To include Morphine, Codeine, heroin)</li> </ul>	<ul style="list-style-type: none"> <li>• Amphetamines</li> <li>• Cocaine</li> <li>• PCP</li> <li>• Marijuana</li> <li>• Opiates (To include Morphine, Codeine, heroin)</li> </ul>	<ul style="list-style-type: none"> <li>• Barbiturates</li> <li>• Oxycodone</li> <li>• Methamphetamines</li> <li>• Benzodiazepines (For example; Xanax, Librium, Valium)</li> <li>• Propoxyphene (For example, Darvon, Darvocet)</li> </ul>

Regular Non-DOT or DOT Drug Tests — Results take 48 – 72 hours		
5 Panel Drug Test (Non-DOT or DOT)	10 Panel Drug Test (Non-DOT)	
<ul style="list-style-type: none"> <li>• Amphetamines (includes Ecstasy)</li> <li>• Cocaine</li> <li>• PCP</li> <li>• Marijuana</li> <li>• 6-MAM (metabolite for heroin)</li> <li>• Opiates (To include Morphine, Codeine, heroin)</li> </ul>	<ul style="list-style-type: none"> <li>• Amphetamines (includes Ecstasy)</li> <li>• Cocaine</li> <li>• PCP</li> <li>• Marijuana</li> <li>• 6-MAM (metabolite for heroin)</li> <li>• Opiates (To include Morphine, Codeine, heroin)</li> </ul>	<ul style="list-style-type: none"> <li>• Barbiturates</li> <li>• Methadone</li> <li>• Methaqualone</li> <li>• Benzodiazepines (For example: Xanax, Librium, Valium)</li> <li>• Propoxyphene (For example: Darvon, Darvocet)</li> </ul>

Expanded Opiates Non-DOT Drug Tests — Results take 48 – 72 hours		
5 Panel Drug Test	10 Panel Drug Test	
<ul style="list-style-type: none"> <li>• Amphetamines (includes Ecstasy)</li> <li>• Cocaine</li> <li>• PCP</li> <li>• Marijuana</li> <li>• 6-MAM (metabolite for heroin)</li> <li>• Opiates (To include Morphine, Codeine, heroin)</li> <li>• <b>Expanded Opiates</b> Hydrocodone Hydromorphone Oxycodone Oxycontin</li> </ul>	<ul style="list-style-type: none"> <li>• Amphetamines (includes Ecstasy)</li> <li>• 6-MAM (metabolite for heroin)</li> <li>• Opiates (To include Morphine, Codeine, heroin)</li> <li>• <b>Expanded Opiates</b> Hydrocodone Hydromorphone Oxycodone Oxycontin</li> </ul>	<ul style="list-style-type: none"> <li>• Cocaine</li> <li>• Marijuana</li> <li>• PCP</li> <li>• Barbiturates</li> <li>• Methadone</li> <li>• Methaqualone</li> <li>• Benzodiazepines (For example: Xanax, Librium, Valium)</li> <li>• Propoxyphene (For example: Darvon, Darvocet)</li> </ul>

Some of the substances tested for in a drug test are found in prescription medications. For those substances we have given a few examples of the prescription medication that might cause a positive drug test. All positive drug tests are reviewed by a Medical Review Officer. Please note the examples provided are just a few of the most common prescriptions for that substance. If you have additional questions, please contact the Marketing Department:

**San Antonio:** 210.349.5577  
**Austin:** 512.486.6110

## **Insurance Information**

**Texas MedClinic** is an Urgent Care Clinic and our agreements with Insurance Companies, Networks, and Employer Groups provide for urgent care services when Primary Care Physicians are not available.

### **Plans/Networks in which Texas MedClinic participates:**

The following is a list of Insurance Plans, Networks and Employer Groups that we currently accept

#### **Health Insurance Plans - Urgent Care**

- Aetna
- Blue Cross/Blue Shield
- Community First
- Coventry/First Health
- Cigna - Great West
- Galaxy Health Network
- Healthsmart Preferred Care
- Humana HMO/PPO
- MultiPlan/PHCS
- PacifiCare and Secure Horizons
- San Antonio Employers Health Alliance
- Texas True Choice
- United Healthcare
- Wellmed

#### **Workers' Compensation Networks**

- Bunch and Associates Inc
- Coventry Health Care
- First Health/Travelers
- First Health TX
- Liberty Mutual Health Care
- Rockport Health Alliance
- Southwest Medical Provider Network
- Specialty Risk Services-Texas Workers' Comp. Health Care Network
- Texas Star Network
- The Hartford Workers' Comp Health Care Network
- Zenith Health Care Network

#### **MEDICARE BENEFICIARIES:**

Texas MedClinic does not accept assignment for Medicare claims. This means Medicare patients will be asked to pay at the time of service, and Texas MedClinic will file a claim to Medicare so Medicare can reimburse the patient. The exceptions to this are for Laboratory Tests and Injected Drugs/Medications prescribed at the time of a visit. Patients will not be asked to pay at time of service, and Medicare will reimburse Texas MedClinic directly, as mandated by Medicare. For Injected Drugs/Medications, patients will be balance billed for any amount that Medicare does not pay or is applied to the deductible.

If you do not find your plan on this list, or would like your insurance benefits verified prior to treatment, you can call our Billing Office at 210.349.5592 and ask for a Private Insurance Account Representative. Due to the limitation of Insurance Carriers' phone availability, we may not be able to provide this service after 5pm or on weekends.

## Price List

Below is a price list for some of our more commonly used occupational services. If you do not see pricing listed for a particular service, please contact the Marketing Department in San Antonio at 210.349.5577 or in Austin at 512.486.6110 for additional information.

<b>Physicals</b>	
Post Offer Physical ( <i>with or w/o job description</i> )	\$54.00
DOT (Department of Transportation) Physical	\$54.00
Respirator Clearance Physical	\$77.00
Physical Performed on Company Form	<b>Call Marketing</b>

<b>Drug and Alcohol Testing</b>	
Standard 5 or 10 Panel Drug Test (w/MRO services)	\$38.00
Standard 5 or 10 Panel Drug Test w/Expanded Opiates (w/MRO services)	\$43.00
Rapid 5 or 10 Panel Drug Test (same day results if test is completed before 2 p.m. Monday through Friday)	\$37.00
DOT (Department of Transportation) Drug Test	\$43.00
Hair Drug Test	\$87.00
Breath Alcohol Test (includes confirmation test)	\$26.00
Urine Drug Test (Collection Only)	\$17.00
Hair Drug Test (Collection Only)	\$20.00

<b>Immunizations</b>	
Hepatitis B Vaccine	\$101.00/dose
Tb Test (includes reading)	\$27.00
Tetanus/Diphtheria	\$45.00/dose
Rabies Vaccine (Pre Exposure)	\$356.00/dose

<b>Other Services</b>	
Respirator Fit Test*	\$45.00
Audiogram w/Standard Threshold determination	\$42.00
Audiogram w/out Standard Threshold determination	\$30.00
Pulmonary Function Testing (Spirometry)	\$57.00
EKG (with interpretation)	\$85.00
Venipuncture	\$20.00
PA Chest X-ray (one view)	\$71.00

Prices are subject to increase each year with a 30-day notice.

\* This service is available only at specific locations. Call for more information .

## Clinic Locations

### **SAN ANTONIO/SELMA**

#### **Loop 410/Broadway**

1007 NE Loop 410, 78209  
Ph: (210) 821.5598  
Fx: (210) 829.0125  
Clinic Medical Director: Scott Ross, MD  
Clinic Supervisor: Ernesto Villa  
Occupational Service Rep: RosaLinda Rios  
Ph: (210) 821.5598 Opt. 4  
[Rrios@texasmedclinic.com](mailto:Rrios@texasmedclinic.com)

#### **IH 35 N/Eisenhauer**

7460 IH 35 North, 78218  
Ph: (210) 655.5529  
Fx: (210) 655.5504  
Clinic Medical Director: Angela Scalzi, MD  
Clinic Supervisor: Jenny Lopez  
Occupational Service Rep: Chandra Taylor  
Ph: (210) 341.5588 Opt. 4  
[Ctaylor@texasmedclinic.com](mailto:Ctaylor@texasmedclinic.com)

#### **IH 35 N/Loop 1604**

8341 Agora Pkwy, 78154  
Ph: (210) 659.5533  
Fx: (210) 659.7755  
Clinic Medical Director: Jeffrey Ottmers, MD  
Clinic Supervisor: Dan Sookchan  
Occupational Service Rep: Gabriela Dumore  
Ph: (210) 695.5533 Opt. 4  
[g Dumore@texasmedclinic.com](mailto:g Dumore@texasmedclinic.com)

#### **Blanco/Parliament**

11811 Blanco Road, 78216  
Ph: (210) 341.5588  
Fx: (210) 341.7513  
Clinic Medical Director: Paula Lyons, MD  
Clinic Supervisor: Diana Barajas  
Occupational Service Rep: Elizabeth Sanchez  
Ph: (210) 655.5529 Opt. 4  
[Esanchez@texasmedclinic.com](mailto:Esanchez@texasmedclinic.com)

#### **IH 10 W/Wurzbach**

9885 IH-10 West, 78230  
Ph: (210) 696.5599  
Fx: (210) 699.8152  
**Open 24/7/365**  
Clinic Medical Director: James Bugg, MD  
Clinic Supervisor: Leah Martinez  
Occupational Service Rep: Barbara Bisping  
Ph: (210) 696.5599 Opt. 4  
[Bbisping@texasmedclinic.com](mailto:Bbisping@texasmedclinic.com)

#### **Ingram/Loop 410**

6570 Ingram Road, 78238  
Ph: (210) 520.5588  
Fx: (210) 522.1125  
Clinic Medical Director: Tracey Toten, MD  
Clinic Supervisor: Destiny Cortez  
Occupational Service Rep: Krystal Stewart  
Ph: (210) 520.5588 Opt. 4  
[Kstewart@texasmedclinic.com](mailto:Kstewart@texasmedclinic.com)

#### **Hwy 151/Loop 410**

8519 State Hwy 151, 78245  
Ph: (210) 682.5577  
Fx: (210) 647.5566  
Clinic Medical Director: Joseph Elizondo, MD  
Clinic Supervisor: Ann Bartolett-Gonzales  
Occupational Service Rep: Violet Olivo  
(210) 682.5577 Opt. 4  
[Volivo@texasmedclinic.com](mailto:Volivo@texasmedclinic.com)

#### **Loop 1604/Bandera**

9207 N Loop 1604 West, 78249  
Ph: (210) 695.4884  
Fx: (210) 695.4949  
Clinic Medical Director: Carl Salinas, MD  
Clinic Supervisor: Moni Collins  
Occupational Service Rep: Frances Orta  
Ph: (210) 695.4884 Opt. 4  
[Forta@texasmedclinic.com](mailto:Forta@texasmedclinic.com)

#### **SE Military/Roosevelt**

1111 SE Military, 78214  
Ph: (210) 927.5580  
Fx: (210) 927.2700  
Clinic Medical Director: Brian R Raimondo, MD  
Clinic Supervisor: Shannon Fletcher  
Occupational Service Rep: Brenda Martinez  
Ph: (210) 927.5580 Opt. 4  
[Bmartinez@texasmedclinic.com](mailto:Bmartinez@texasmedclinic.com)

#### **IH 10 W/Leon Springs**

23611 IH 10 West, 78257  
Ph: (210) 698.6617  
Fx: (210) 698.6627  
Clinic Medical Director: Autumn Dawn Galbreath, MD  
Clinic Supervisor: Eddie Thomas  
Occupational Service Rep: Irene Davis  
Ph: (210) 698.6617 Opt. 4  
[IDavis@texasmedclinic.com](mailto:IDavis@texasmedclinic.com)

#### **1604/Stone Oak Pkwy**

323 N 1604 West, 78232  
Ph: (210) 549.5893  
Fx: (210) 549.5894  
Clinic Medical Director: Dr. Paula Lyons, MD  
Clinic Supervisor: Contessa Brown  
Occupational Service Rep: Evangeline Diaz  
Ph: (210) 549.5893 Opt. 4  
[Ediaz@texasmedclinic.com](mailto:Ediaz@texasmedclinic.com)

### **NEW BRAUNFELS**

#### **IH 35 N/Hwy 46**

958 IH 35 North, 78130  
Ph: (830) 606.5533  
Fx: (830) 606.5535  
Clinic Medical Director: Jeff Munoz, MD  
Clinic Supervisor: Ernest Delao  
Occupational Service Rep: Missie Rodriguez  
Ph: (830) 606.5533 Opt. 4  
[Mrodriguez@texasmedclinic.com](mailto:Mrodriguez@texasmedclinic.com)

### **AUSTIN**

#### **IH 35 S/Slaughter Lane**

9900 South IH-35, 78748  
Ph: (512) 291.5577  
Fx: (512) 291.5576  
Clinic Medical Director: Glenda Peters-Do, MD  
Clinic Supervisor: Christina Rivera  
Occupational Service Rep: Erika Contreras  
Ph: (512) 291.5577 Opt. 4  
[Econtreras@texasmedclinic.com](mailto:Econtreras@texasmedclinic.com)

#### **N MoPac/Parmer**

12319 N MoPac Expy, 78758  
Ph: (512) 835-5577  
Fx: (512) 836-0166  
Clinic Medical Director: Kristen Kocurek, MD  
Clinic Supervisor: Juanita Peka  
Occupational Service Rep: Patricio Reyes  
Ph: (512) 835.5577 Opt. 4  
[Preyes@texasmedclinic.com](mailto:Preyes@texasmedclinic.com)