



Dr. Meffert graduated from Marshall High School in San Antonio prior to attending Rice University in Houston. Upon completing his medical school training and Family Practice residency at the University of Texas Health Science Center in San Antonio, Dr. Meffert practiced family medicine in Virginia and flight medicine in Alaska with the United States Air Force.

In 1995 he completed his Dermatology training at Wilford Hall Medical Center. Dr. Meffert was in the Air Force for over 21 years, completing his Air Force career as Program Director of the combined Army/Air Force Residency in dermatology at Wilford Hall and Brooke Army Medical Center.

Dr. Meffert is Board Certified in Dermatology and is the author of over 40 journal articles and book chapters on a variety of topics. He is also a frequent speaker to primary care physicians on general dermatology issues and is actively involved in the American Academy of Dermatology.



*Serious Care for
the Skin You're In®*



**1007 N.E. Loop 410
Suite 110
San Antonio, TX 78209**
(Behind Texas MedClinic)

**1007 N.E. Loop 410
Suite 110
San Antonio, Texas 78209
210-826-3258
www.tmcdermcenter.com**

**To Schedule Your Appointment
Call 210-826-3258**

www.tmcdermcenter.com
Locally owned and operated

OUR SERVICES

- Eczema
- Skin Damage
- Skin Infections
- Rosacea
- Work Related
- Ringworm
- Skin Allergies
- Skin Discoloration
- Psoriasis
- Mole/Wart Removal

COSMETIC PROCEDURES

- Botox Injections
- Spider Vein Removal
- Chemical Peels
- Elective Mole / Lesion Removal

* * * * *

Acne

Acne is something that everyone gets, but some get it much worse than others. In the beginning phases, over the counter medications work best. For most this is all that is needed to get control over their problem. If acne worsens or still persists, more intense treatment may be needed. Some of these include:

- Oral or Topical Prescription Medication
- Acutane
- Oral Contraceptives
- Photodynamic Therapy

The good news is that, for most people, acne has little to do with diet or hygiene. Makeup, moisturizers, and sunscreens are usually not a factor as long as they are tested safe for acne prone skin. The Dermatology Center at Texas MedClinic understands the importance of healthy skin and offers a full spectrum of medical therapy to treat acne prone skin. Call The Dermatology Center to schedule your acne consultation.

Call 826-3258 for a current list of insurance providers and networks we are contracted with.

Botox

The Dermatology Center wants you to love the skin your in, that's why we offer a convenient and affordable treatment for helping decrease the appearance of fine lines and wrinkles. If you have unwanted wrinkles, consider Botox injection treatments.

- Botox treatments last 3 to 4 months
- Results can be seen in 3 to 7 days after injections
- No special aftercare instructions
- Cost is based on the number of units used
- Non-permanent, quick, convenient, and affordable solution

* * * * *

Spider Veins

Many women are plagued with unsightly tiny-branched red to purple veins called Spider Veins. Many factors can attribute to spider veins including heredity, pregnancy, change in hormones, weight gain, and long periods of sitting or standing. The good news, the Dermatology Center can treat spider veins using an injection therapy called Sclerotherapy.

- Sclerotherapy injections will help fade spider veins
- There is mild discomfort but does not require anesthesia
- For best results patients should not return to normal activities until the following day
- Support hose should be worn for 24-36 hrs following treatment
- Most patients require 3 or more sessions for maximum results

As with any cosmetic procedure, there are some risks and side effects that may occur, it is always best to consult with your physician before beginning any procedure.